

HEIA(Q) State Conference

2008

Sustainable futures and home economics

From consumer *to citizen*

Saturday, 23 August 2008

Brisbane Convention and Exhibition Centre



Conference information • Registration form

EARLYBIRD REGISTRATION DEADLINE: 25 July 2008

Conference Program

8.00 am – 8.30 am **Registration**
View the trade tables or network over tea and coffee.

8.30 am – 8.45 am **Conference opening**

8.45 am – 10.00 am **Sustainable food futures, a keynote discussion**

Dr Rosemary Stanton, Dr Martin Caraher, Dr Geoffrey Annison

Dr Rosemary Stanton will chair a discussion about sustainable food futures, presented by Dr Martin Caraher and Dr Geoffrey Annison. Rosemary is well known to Queensland home economics professionals for her passion for sustainable food futures and will no doubt steer a lively debate.

Dr Martin Caraher is Reader in Food and Health Policy at the Department of Health Management and Food Policy at City University, London. Martin is known to many home economics professionals following his inspiring contribution to the 2005 national HEIA conference in Tasmania: *Sustainability and home economics: The choice is ours*. Martin has worked extensively on issues related to food poverty, cooking skills, local sustainable food supplies, the role of markets and co-ops in promoting health, farmers markets, food deserts and food access, retail concentration and globalisation.

Dr Geoffrey Annison is Deputy Chief Executive at the Australian Food and Grocery Council (AFGC). Geoffrey has held a number of senior technical and management roles in industry in Australia and overseas, in academia, and in public policy. His career has spanned a number of sectors including the fast moving consumer goods sector, the rural sector and the research sector during time spent with Massey University in New Zealand and the CSIRO Division of Human Nutrition in Adelaide. He has an extensive knowledge of current industry issues, particularly as they relate to food, nutrition and human health.

10.00 am – 11.00 am **Workshop 1**

11.00 am – 11.30 am **Morning break**

11.30 am – 1.00 pm **Workshop 2**

1.00 pm – 2.00 pm **Lunch**

2.00 pm – 2.45 pm **Sustainable textiles futures, a keynote address**

Sue Thomas

Sue Thomas is a British-born fashion academic teaching at RMIT University, Melbourne, Australia. Sue is currently studying for a doctorate in ethics as relating to sustainability in the fashion industry. Her current teaching subjects include: fashion design, sustainability, ethics, global issues for fashion and textiles, and fashion theory. Her recent publications have included papers on inclusive fashion design, the future(s) of wool, ethics and innovation, 'green wool', and social justice in fashion. A listed RMIT media expert Sue enjoys making a broad contribution to fashion and social justice issues in a wide range of public forums including consultancy, public lectures and radio commentaries, with regular contributions on ABC Radio 774 Overnights aired throughout Australia and to the world via the web.

2.45 pm – 3.45 pm **Workshop 3**

4.00 pm – 4.30 pm **A 21st Century curriculum for sustainable futures, a keynote address**

Dr Jenny Nayler

Dr Jenny Nayler will conclude the conference by exploring what is needed for a 21st Century curriculum that supports sustainable futures. She will focus on the attitudes, processes and values that are needed to translate a vision into practice, recognising the tension between espousing commitment to sustainable futures and 'walking the talk'. Importantly, participants will be invited to consider and plan the action they will take as innovative educators building new 21st Century curriculum designs.

4.30 pm – 4.45 pm **Close**

4.45 pm – 5.45 pm **Cocktails**

Workshop 1 10.00 am – 11.00 am

1.1 Digging deeper into the food basket

Dr Rosemary Stanton

This workshop will explore the key messages about sustainable food futures: ecological impacts (e.g. organics, local products, food miles etc.), food security (e.g. availability, accessibility and appropriateness), and global impacts on others (fair trade etc.)—it is about being healthy and being a good citizen.

1.2 Sustainable fabric decoration

Anne Mitchell, Genesis Creations

Colouring processes have a myriad of applications that enhance and enrich the textile/fashion classroom experience where creativity and innovation are valued. Participants in this workshop will have the opportunity to see how to apply a variety of easy and exciting techniques that can be used in applied design using products that are both reusable and environmentally friendly. The products Anne will demonstrate are Australian designed and Australian made.

1.3 Strategies for addressing overweight in the classroom

Dr Shawn Somerset and Professor Sally Borbasi, Griffith University

Sustainable food futures involves people being healthy, but also being good citizens in terms of the food choices made. Teachers have a pivotal role in guiding young people towards healthier lifestyles. However, teachers may avoid this topic in the classroom because some of their students (and indeed teachers themselves) are overweight. This workshop will draw on teacher experiences to develop guidelines on how to address this important health issue in an objective and unpersonalised way.

1.4 Introduction to 'What State Schools Value: Active and Informed Citizens for a Sustainable World'

Julia Jose, Curriculum Division, Department of Education, Training and the Arts.

The citizens' framework for state schools identifies key areas for building citizenship skills of our students: Positive identity and relationships; Thinking, reasoning and communicating; Creativity; Citizenship and democratic processes; and Sustainability. These fundamental principles and values have been encapsulated in five citizen roles: Healthy citizen; Informed citizen; Creative citizen; Eco-citizen; and Democratic citizen. Julia will present an examination of the five citizen roles and show a preview of online support materials. Delegates will be given the opportunity to discuss what this means for the home economics classroom.

1.5 What's essential in the home economics curriculum? A look at the Essential Learnings and Standards

Kathryn Holzheimer and Robyn Rosengrave, Queensland Studies Authority

This workshop will provide an introduction to the Essential Learnings and Standards of the Queensland Curriculum, Assessment and Reporting Framework. Participants will unpack the structure and the purpose of the Essential Learnings and consider the connection between the Standards and the Assessable Elements. The Essential Learnings most relevant to home economics curriculum will be identified. Participants will explore how alignment is achieved within an example unit of work that focuses on sustainability in a home economics context.

1.6 Food and nutrition education: Scoping and sequencing across the Essential Learnings and Standards

Dr Janet Reynolds, Department of Education, Training and the Arts

This workshop will explore a potential scoping of food and nutrition education from Year 6 through to Year 10, taking into account the Essential Learnings from the HPE and Technology learning areas in the Queensland Curriculum, Assessment and Reporting Framework. A broad (but contestable) outline will be presented, ensuring that key food and nutrition ideas are covered. Participants will be given the opportunity to consider how they could contextualise or adapt the outline so that suitable learnings are developed for their students.

Workshop 2 11.30 am – 1.00 pm

2.1 Food security, an issue of local and global significance

Dr Martin Caraher, City University, London

This interactive workshop will explore local and global issues associated with access for all people to enough food for an active, healthy life, and the 'new' food poverty. What are the reasons for the inequities that exist? Why are people still starving? Can I make a difference? Can I influence others to make a difference? Delegates will learn how to use the 5 Assets Model to critique and/or develop policies, plans and/or curriculum materials to improve food security in a setting of their choice, local or global—that is, make a difference.

2.2 Ethical threads: Issues, activities and resources for the classroom

Kathleen Gordon

This workshop will examine the ethics of textile production (materials and products). Participants will consider a framework for exploring ethical perspectives around textile studies. They will engage with ideas and materials from a number of perspectives and sources and explore their relevance to home economics practice. Participants will also sample practical activities and resources that can be used to explore ethical consumerism and active citizenship in the home economics classroom, school community and beyond.

2.3 Reverse Garbage

Julie Hauritz, Reverse Garbage

The key to surviving sustainably in a consumerist society is to reduce and re-use. Industry is our society's biggest waste cancer. Reverse Garbage collects two tonnes per week of high quality industrial discards that normally end up as landfill. In this workshop delegates will explore creative ways to re-use the unexpected and create functional and re-useable items. The exploration of such diversity in materials will send your creativity into overdrive. Group discussions and explorations are encouraged in the workshop as part of the learning process for all participants.

2.4 Let's think: Raising the intellectual bar

Kathryn Holzheimer and Robyn Rosengrave, Queensland Studies Authority

The *Ways of Working* in the Essential Learnings of the Queensland Curriculum, Assessment and Reporting Framework provide a powerful vehicle for raising the intellectual bar. In this workshop, participants will consider how the Essential Learnings, especially the *Ways of Working* and the Assessable Elements and Descriptors, can drive explicit teaching that raises the intellectual bar and promotes intellectual rigour. Suggestions will be included to cater for a diverse range of learners.

2.5 Pedagogy in the sustainability classroom

Janette Planck

Our brain is a pattern-seeking device in search of meaning. It is also our greediest organ in the body, responsible for 20% of the body's energy consumption! Education is about increasing the patterns that students can use, recognise and communicate. This workshop will look at some practical, user-friendly strategies based on brain research to support student learning. Learn how to take advantage of how our brain learns best, enhancing your effectiveness as an educator, facilitating the cognitive growth and academic achievement of your students. The workshop's facilitator, Janette Planck, has trained under Eric Jensen, one of the world's leading translators of educational neuroscience.

2.6 Cooking up a sustainable storm

Dominique Rizzo, Pure Food Cooking and Channel 10's Ready, Steady, Cook

This workshop will inspire and generate an awareness of cooking with an emphasis on natural, whole foods, fresh organic products, and improving health, balance and life vitality. Be swept away by Dominique's passion and enthusiasm for clean, simple, whole cooking and her ability to combine simple flavours with flair. Not only will you learn more about the benefits of using sustainable food products, and where to source sustainable foods, but your taste buds will also be delighted.

Workshop 3 2.45 pm – 3.45 pm

3.1 Chains and Cycles: A closer look at the fashion industry

Sue Thomas, RMIT

This workshop will present a guided interactive analysis of the global clothing supply chain addressing issues relating to sustainability and ethical production. The hypothetical life cycle of a garment will be explored and discussed to develop a clearer understanding of impact of production, purchase and disposal. The workshop will build on readings about the present and future sustainability of fashion and textiles in the United Kingdom, corporate social responsibility in the Australian garment industry and about the rights of women working in the global supply chains (websites for readings will be sent to those attending this session).

3.2 Philosophical inquiry: An approach to exploring issues

Elizabeth Fynes-Clinton, Department of Education, Training and the Arts

Philosophical inquiry is a process by which students ask open inquiry questions, give reasons and examples, develop hypotheses, build on the ideas of others and consider alternatives within the safe, supportive learning environment of a community of inquiry. This workshop will demonstrate the process and structure of philosophical inquiry, modelled in the context of sustainability.

3.3 Assessing the Essential Learnings: Developing guides to making judgments

Dr Janet Reynolds, Department of Education, Training and the Arts

The *Assessable Elements* and *Standards Descriptors* can be used to construct guides for making judgments about student learning related to the Essential Learnings of the Queensland Curriculum, Assessment and Reporting Framework. This workshop will outline how to use the Assessable Elements and Descriptors to develop task specific guides to making judgments that are helpful to students and teachers in making explicit what is meant by an 'A' (B, C, D and E) in the context of a particular piece of work and in so doing, help 'raise the bar' in student achievement.

3.4 Digging deeper into the food basket (Repeat of 1.1)

Dr Rosemary Stanton

This workshop will explore the key messages about sustainable food futures: ecological impacts (e.g. organics, local products, food miles etc.), food security (e.g. availability, accessibility and appropriateness), and global impacts on others (fair trade etc.)—it is about being healthy and being a good citizen.

3.5 Cooking up a sustainable storm (Repeat of 2.6)

Dominique Rizzo, Pure Food Cooking and Channel 10's Ready, Steady, Cook

This workshop will inspire and generate an awareness of cooking with an emphasis on natural, whole foods, fresh organic products, and improving health, balance and life vitality. Be swept away by Dominique's passion and enthusiasm for clean, simple, whole cooking and her ability to combine simple flavours with flair. Not only will you learn more about the benefits of using sustainable food products, and where to source sustainable foods, but your taste buds will also be delighted.

3.6 The case for school gardens as viable health promotion interventions

Dr Shawn Somerset, Griffith University

This workshop will explore the role of school gardens as a viable health promotion resource, and at the same time supporting sustainable food futures. It will examine the growing body of evidence from international literature and report on an investigation into school gardens in three distinct geographic Queensland regions. The potential positive impacts on student nutrition, physical activity and social interaction will be discussed, along with the issues associated with school gardens and suggestions for broader adoption of this health-promoting activity.

From consumer to citizen

Registration and Payment

All prices are in Australian dollars and include 10% GST.

| | EARLYBIRD up to/including 25 July 2008 | STANDARD after 25 July 2008 |
|---|--|-----------------------------------|
| HEIA member registration | \$170 | \$220 |
| HEIA student/retired member registration | \$100 | \$140 |
| Non-HEIA member registration | \$210 | \$260 |
| Non-HEIA member, student/retired registration | \$140 | \$180 |

Registration entitles delegates to morning tea, lunch and cocktails.

Additional tickets may be purchased for cocktails for delegate guests at a cost of \$20 per person.

Please register by completing the registration form and returning with payment to the Conference Managers. Registration can be completed on-line at www.heia.com.au/heiaq or sent by mail or fax. Payment can be made by cheque, money order or credit card if sent by mail, or with credit card only if registering on-line. Cheques and money orders are to be made payable to **HEIA(Q)**. **Registration will only be confirmed on receipt of payment** and will be acknowledged in writing by e-mail where an e-mail address is provided, otherwise receipt of payment will be confirmed by mail. A registration desk will operate from 7:00 am on the Plaza level of the centre where delegates will receive their name badge and satchel.

Accommodation

The Conference Managers have sourced accommodation close to the conference venue. To avail yourself of the conference rate offered, you will need to book through the Conference Managers via the registration form. All accommodation details including cancellation policies are located on the conference website (www.heia.com.au/heiaq).

Cancellation, alteration or refund

All notifications for cancellation, alteration or refund must be made in writing to the Conference Managers for consideration by the conference organising committee. Registration fees are not refundable after 30 July 2008 unless extenuating circumstances exist, however, your registration can be transferred to another person if the Conference Managers are advised in writing. Eligible refunds will be made after the conclusion of the conference.

Disclaimer of liability

The HEIA(Q) conference organisers reserve the right to amend the conference program. The conference organising committee, the HEIA(Q), and the Conference Managers will not accept responsibility for any act or omission of speakers from the program. No liability will be accepted by the conference organising committee, the HEIA(Q) or the Conference Managers, howsoever sustained by delegates or accompanying persons, for loss or damage caused

to delegates' personal property as a result of the conference or related events, or in the event of industrial disputes.

Privacy policy

Upon registering to attend this conference, some of your personal details may be used to generate a delegates list, i.e. Name, Organisation and e-mail address. This may be distributed to organisations directly related to the conference such as sponsors. Please indicate on the registration form if you do not want your details to appear on the delegate list. In providing your e-mail address, you agree to receive e-mail correspondence in relation to this conference.

Conference venue

The conference will be conducted on the Mezzanine and Plaza levels at the **Brisbane Convention and Exhibition Centre**, at the intersection of Merivale and Glenelg Streets, South Brisbane. Entry can be gained via the main foyer. Undercover parking is available under the Centre at a cost of \$15 or in the streets nearby.

Dietary and other requirements

If you have any special dietary or other requirements, please indicate your needs on the registration form so that necessary arrangements can be made with the venue. Access to the conference rooms is catered for with stairs, escalators and lifts.

Trade exhibition

There will be a trade exhibition associated with this conference set up in the foyer on the Plaza level of the Centre. Morning tea will be served in this area to enable participants to view the exhibition.

Airport/Hotel transfers

Brisbane Airport is conveniently located approximately 13km north-east of the CBD, about a 20-minute drive. The domestic and international terminals provide easy access to the city centre through a range of transport options:

- **Bus:** Coachtrans operates bus services between Brisbane Airport and the CBD. (www.coachtrans.com.au)
- **Airtrain:** The Airtrain links both airport terminals with the CBD. For discounted online bookings please visit www.airtrain.com.au.
- **Taxi transfers:** Taxis from Brisbane Airport to the city centre cost approximately \$40.

Visit the Brisbane Airport website at www.brisbaneairport.com.au for airport maps and further information.

Conference Managers

For enquiries please contact:

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Conference website and online registration

www.heia.com.au/heiaq

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HEIA(Q) is proud to partner with the Department of Education, Training and the Arts and Queensland Health to present *Sustainable food futures and home economics: From consumer to citizen*. Our common commitment to health, wellbeing and sustainable futures, and how this translates into education for young people will be furthered by this conference as delegates consider local and global imperatives that impact on us now and into the future.

Silver



Trade exhibitors Janome • Genesis Creations • Home Economics Institute of Australia (Qld) Inc.